



PARKINSON'S UK

Striding towards a cure together in Ludlow

Walkers across Shropshire are being asked to sign up to 'Walk for Parkinson's Ludlow' second walk and stride towards a cure by funding groundbreaking research.

By taking part in the walk you will be raising money for important research into Parkinson's. Research that can change the lives of your family, friends, colleagues and community.

Parkinson's is the fastest-growing neurological condition in the world, and currently there is no cure, an estimated 145,000 people across the UK are living with Parkinson's. There are over 40 symptoms of Parkinson's including loss of mobility, pain and depression and every hour two more people are diagnosed.

Parkinson's UK is the largest charity funding Parkinson's research in Europe and over the past 50 years have invested £93 million into research for Parkinson's treatments. The money raised for Parkinson's will take Parkinson's UK a 'step closer to finding a cure'.

Emma Crouch and her Dad John Heasman are calling on people to join them on the walk because John's wife Anthea passed with Parkinson's in 2018, they hope that local people of all ages, abilities and fitness levels will join them on the day and take part in the walk.

John said; "My wife Anthea, struggled with her symptoms bravely for the last two years and funding research is vital to help those with Parkinson's, please come and enjoy the walk and bring your family and friends"

At this family and dog friendly event, there are options to take part in either a 1.5 or 5.5 mile route. Both routes will take walkers through breath-taking scenery. The walks will start at Ludlow Rugby Club at 6pm and will finish there too. Refreshments will be available and there will be a tombola and book stall as well as the Shropshire Strummers Ukulele Band to entertain.

The registration fee for the event is £12 for adults and £6 for under 16s, in advance. available. We ask walkers to aim to raise a minimum of £50 in sponsorship.

Sign up here:
parkinsons.org.uk/walkludlow,
 call 0800 138 6593, or email
fundraising@parkinsons.org.uk



Emma Crouch and her father John Heasman
 All photos courtesy of ideamofples@hotmail.co.uk

