Services and Facilities Committee Meeting

Agenda Item: 8.SF Youth Club Reports - Junior

Date: 6 October 2022

Appendix: SF67





TERMLY MONITORING AND EVALUATION SCHEDULE

The purpose of termly monitoring reports is to:

- Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements;
- Gather service user feedback,
- Demonstrate that your services are listening and responding to service user feedback (children and where appropriate parents / carers).

The termly monitoring reports shall include:

Provider name:	SYA
Club/project name:	Market Drayton JUNIOR youth club
Term:	Summer
Date:	July 2022

What we have done to increase/ improve physical health

This term young people have taken part in a variety of sports activities which is good for their physical health. These activities have also been great for new members of the group as an icebreaker and team building activity. Activities have



involved parachute games, football, dodgeball, nerf gun games, table tennis, pool and outdoor games such as egg and spoon and sack races. These have been a good distraction for young people to take their mind off the pressures of school and "tests". Youth club is a great place for

young people to offload and talk to youth workers about daily life, the struggles they face in life and a change of scenery. We



have had quite a lot of new members this term due to others no longer being able to attend due to other clubs and activities. The group have adapted well to the new members and overall is a very busy and enjoyable club.

Young people also enjoyed a trip to Hollywood bowl in Shrewsbury. This allowed some young people to explore outside of Market Drayton and also allowed them to learn a new skill as some had never been tenpin bowling before. The group represented the club well and thoroughly enjoyed the trip.

Young people had the opportunity to go the SYA annual celebration event which was well supported. They enjoyed a variety of activities such the climbing wall, nerf guns, tag archery, football and art & craft activities. This gave young people the opportunity to meet other youth clubs from across the county and form new friendships and share ideas. It was



also a change of scenery for those who don't have opportunity to leave their hometown. Some individuals were presented with awards for their achievements within the club.

What we have done to increase/

improve Emotional health This term young people have engaged in a number of cooking/baking activities. This included a pasta dish as to which they learnt what a healthy meal is. They learnt simple skills whilst doing so; such as cutting an onion. Some do not get the opportunity to cook at home, so it was a great they got the choice to give it a go at club. The group really enjoyed the meal even though members didn't like certain ingredients they realised that when it's all in together you can't tell and is really tasty.

They also enjoyed the simple but popular activity of icing cakes and biscuits and learning about a balanced diet.

When doing small group activities like this it generates some fantastic conversations with both peers and youth workers.

Due to some of the members leaving primary school and moving onto secondary we looked at some transition work. We discussed their hopes and fears, the difference between primary and secondary school and encouraged them to look forward to their new school in September. They really engaged in conversations around this as they had such mixed emotions about it.

Young people have taken part and engaged well in lots of art and craft activities. These have included encaustic art in which they created some amazing pictures and hammer bead designing seems to have been the new favourite this term.



They enjoy sitting, designing whilst chatting to their friends and youth workers. They talk about a range of subjects such as school, family, their hobbies and friends/ relationships. They will also discuss issues that are affecting them.







1. Outputs Reporting

Total number of different individuals who have benefited from the activities since contract start	40
Average attendance per session	25

Number of individuals x frequency	Subject	Notes
6	Alcohol	Underage drinking. Where they get alcohol from. Parents opinions on drinking alcohol.
20	Bullying	Lots of conversations around bullying, fear of more bullying once moved to secondary school. Lots of talks around why a person bullies others and tips on how to deal with being bullied.
10	Confidence	To be confident with whom you choose to be.
16	Diet	Lots of talks around diet. What a balanced diet is, why it is important. How even when you don't like a food when it's in a meal you can't taste it so trying and tasting is the key.
6	Drugs	
22	Family	Weekly conversations around family life. Home life. Arguments that occur – behaviour being a big factor. How it can impact on other siblings.
20	Getting active	Lots of physical activities at club that they can get involved in to keep fit, active and healthy.
12	Identity	We are who we close to be.
6	Isolation	COVID.
6	LGBT+	Signposting to specific groups if required.
4	Pregnancy	Teenage pregnancy.
6	Racism	How it makes us feel. The impact racism can have on people.
14	Relationships	How social media has a huge impact on relationships.
	School	Positives and negatives of primary and secondary. How behaviour has a huge impact on school life.
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16	Smoking	Smoking / vaping. The risks, how they get hold of them. How it's their choice.
6	Young leaders	Some interested in the next young leader training, young leaders running an activity to build their confidence.
6	Work experience	One young girl came and did her work experience with us. Built some good relationships in a short space of time and got on well. Very helpful and ran some great outdoor games which everybody enjoyed.

2. Case study

Give an example where an intervention or series of interventions has contributed towards a young person/people's behaviour, physical or emotional health or behaviour change.

Supporting one young girl who is having a lot of issues at home and school. Doesn't like school so refuses to be nice to teachers and refuses to go to some lessons. Social worker involved and PCSOs aware of some local issues. Spoke to mum and she said "KC loves coming to club, it's the only place she will happily go at the minute and doesn't ever like to miss it."

We as youth workers make sure we chat to KC weekly. Check how she is, how her week has been and what she had been up to. She is always very positive and doesn't



always see the impact her behaviour is having on other people. We often get her involved in activities we are doing at club, and she usually happily engages. She is a popular girl, but I often feel she puts on an act to impress others.

3. Variation to service

Has there been any significant variation to the service that you were comm	nissioned to
provide in this quarter and what actions are you planning in responses?	

None.

