**TERMLY MONITORING AND EVALUATION SCHEDULE**

Services and Facilities Meeting

3 October 2024

Appendix SF083

**The purpose of termly monitoring reports is to:**

* Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements.
* Gather service user feedback,

The termly monitoring reports shall include:

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| **Provider name:** | SYA |
| **Club/project name:** | Market Drayton Juniors |
| **Term:** | Summer |
| **Date:** | July 2024 |

1. **Outcomes**

Please give specific examples/case studies of how your service has contributed to the Children and Young People Outcomes during the last term:

* 1. Ensure all children and young people are safe and well looked after in a supportive environment
  2. Ensure the emotional well-being of children and young people by focusing on prevention and early intervention
  3. Keep more children healthy and reduce health inequalities

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| **What we have done to increase/ improve physical health** | This term the juniors spent a considerable amount of time outside enjoying lots of team games including football, rugby, running races, tag rugby, rounders, cricket, badminton, and Lee ran a session of tag archery. They have played large team games on a weekly basis, football being the favorite. This is great for team building and the newer members been made to feel a part of the group.  Fortunately, I was able to purchase a basketball stand so young people really enjoyed playing lots of basketball matches too. This has enabled the newer members to build positive relationships with existing members of the group.  We have had lots of new members join this term, so the session is very busy every week. Luckily, we have a large outdoor area, so this enables more members to attend. Plus, plenty of room indoors with lots of activities they can engage in. Pool, table tennis, table football and other indoor games.  The group enjoyed the experience of tag archery, getting the protective gear on and targeting each other.  Due to the Euros being on young people enjoyed their own football matches at club naming their teams some of the teams in the Euro’s.  We had a sports night one evening where we did egg and spoon, sack, skipping, running and bean bags races. This got very competitive against teams, but it burnt off lots of their energy.  For the last week of term, the group enjoyed having the music outside as well as a dance, where they played party games such as musical chairs and musical statues. This was a great way to end the term with lots of fun and laughter.  Due to having a tennis set after completing the LTA tennis training young people enjoyed some tennis. This fit in well due to Wimbledon been on.  Volleyball has also been a popular activity this term as we have been able to get the big net out, order some volleyballs and enjoy this outdoors.  We planned to visit the town park one evening but the young people weren’t keen and wanted to stay at the center as they have everything there. |
| **What we have done to increase/**  **improve Emotional health** | This term members enjoyed lots of different food. They enjoy helping staff prepare it as well as enjoying what they’ve made. Grace, Cole and Maisie who have being volunteering as part of their DOE award have also been great helping with cooking and baking. They’ve enjoyed making fruit smoothies and homemade flapjacks, fruit kebabs, garlic bread, ice-creams, nachos, making pizzas, fully loaded scones whilst watching Wimbledon, strawberries and cream, hotdogs, and for the last week of term they enjoyed a big buffet with a variety of food, both healthy and treats.  Two local PCSO’s Andy and Steve visited for a session to run and discuss knife crime awareness with the group. They went through a presentation with the group and discussed what weapons are, what knives people use, and the consequences of being caught with a weapon. Some of the examples they used and videos they had shown in the presentation were the case of a young person in the sessions brother that was local to the area. YP took a real interest in this and asked lots of Q’s which the PCSO’s gladly answered the best they could.  After the presentation young people asked if they could sit in the police van so Andy took them out to do this. They sat in the back of the police van and tried some of the uniform on. They found this very exciting and enjoyed having photos of this.  We had a challenge night where members came up with a challenge for the rest of the group to do, including eating doughnuts without licking lips and without using their hands and the marshmallow tower challenge.  Members have enjoyed a variety of art and craft activities including a self-esteem workshop where they made small photo frames and decorated these with positive comments on. They also requested to make stress balls to help them with their anxiety with SAT’s and end of term exams.  A few members were stuck with their homework and told our staff member Shelley that they struggle to do it as they don’t understand it. Shelley very kindly told them to bring their homework to the session and she would gladly help them with it. She also suggested asking their teachers if they don’t understand and to let the teachers know they struggle so they could give them some extra support.  They have enjoyed making friendship bracelets and making these for one another to wear. Members also decorated their phones too with lots of colour to stay positive.  We were donated with lots of buttons, so members enjoyed getting creative and making pictures and canvases out of a variety of buttons. They’ve enjoyed quizzes, lots of bingo and Irish bingo, and games of “Block it” with James too which has helped calm them down towards the end of the sessions.  As the Euros was on, we did Euro’s activities including designing a football and football kit, colouring competitions and we did a club sweepstake where the winner won an England water bottle.  We were very kindly donated lots of Lego and Meccano for young people to use to when members have felt overwhelmed or wanted a break, they have used this as a method of calming down towards the end of the session. |

1. **Outputs Reporting**

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| **Total number of different individuals who have benefited from the activities since contract start: 64 this term.** | | |
| **Average attendance per session: 32** | |  |
| **Total of weekly contacts** | **Subject** | **Notes** |
| 32 | Alcohol | One young person chatting about her mum and siblings drinking after her husband / their dad passed away last year. |
| 20 | Bereavement | One young person chatting about her dad passing away last year. Chats and makes comments about this every week without fail. Staff sit and chat to her about it as she enjoys company. |
| 34 | Bullying | Few issues with name calling and friends falling out with each other. Some of the girls being very loud and others find it intimidating. |
| 46 | Confidence | Chatting about issues. Speaking to staff about issues. |
| 90 | Diet | Fruit smoothies, fruit kebabs. Fruit available each week. |
| 8 | Drugs | People smoking cannabis. How much it smells. |
| 100 | Exercise | Lots of activities, sports night, basketball, football etc. Lots of space to burn off their energy. |
| 70 | Family | Family issues. Issues at home. Holidays they have to look forward to in the summer break. |
| 90 | Getting active | Lots of physical activities with lots of space to do this. |
| 82 | Healthy eating | Encourage this through the food we do and healthy snacks we provide each week. Fruit available. |
| 16 | LGBT+ | Confusion around sexuality, bi-sexual more popular and much more accepted. People are also not embarrassed about it which is good. |
| 60 | Personal hygiene | Aways encouraging good hygiene before preparing and handling food. |
| 20 | Racism | Discussions about people being racial abusive and name calling and how this is not acceptable. |
| 92 | Relationships | New relationships, new friendships, relationship break ups, Family feuds. Not getting on with parents. Siblings. |
| 90 | School | Likes, dislikes, lessons, teachers, SAT’s and the stress of them, feeling relieved that these were over. Leaving primary school and starting the next chapter of secondary school. Mixed emotions about this. Attendance. |
| 20 | Sexuality | YP confused about their sexuality but happy to sit and openly chat about this to peers and staff members. Great that they have the confidence to do this. |
| 38 | Vaping | How vaping is so popular. Cheaper, easier to get hold of. |
| 36 | Volunteering | 3 young leaders volunteering as part of their DOE award – being signed off at the end of term. |

1. **Case study**

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| **Give an example where an intervention or series of interventions has contributed towards a young person/people’s behaviour, physical or emotional health or behaviour change.**  Maisie, our volunteer, through her DOE award has been an amazing help over the past 3-4 months helping with activities and building positive relationships with group members. When Maisie first started, she lacked confidence and was hesitant to volunteer with us. After the first session and making her feel welcome, she really enjoyed it. She took part in art and craft activities with this being her comfort zone, being keen at getting creative and designing and making nice gifts for family members. Maisie returned each week and helped out in the kitchen preparing food for the session as well as helping clear up at the end of the session. She also helped with sports activities and got involved in playing team games, building positive relationships with young people. I signed Maisie off for her bronze award and I am putting her up for an award which will be presented to her at SYA’s celebration event in September. She truly deserves this. |

1. **Variation to service**

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| **Has there been any significant variation to the service that you were commissioned to provide in this quarter and what actions are you planning in response?**  NONE |