**TERMLY MONITORING AND EVALUATION SCHEDULE**

Services and Facilities Meeting

3 October 2024

Appendix SF083

**The purpose of termly monitoring reports is to:**

* Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements.
* Gather service user feedback,

The termly monitoring reports shall include:

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| **Provider name:** | SYA |
| **Club/project name:** | Market Drayton Seniors |
| **Term:** | Summer |
| **Date:** | July 2024 |

1. **Outcomes**

Please give specific examples/case studies of how your service has contributed to the Children and Young People Outcomes during the last term:

* 1. Ensure all children and young people are safe and well looked after in a supportive environment
  2. Ensure the emotional well-being of children and young people by focusing on prevention and early intervention
  3. Keep more children healthy and reduce health inequalities

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| **What we have done to increase/ improve physical health** | This term has been quite quiet with the seniors, but they have enjoyed team games amongst each other and with staff too. They particularly enjoyed playing rounders outside and once we purchased the new basketball stand enjoyed playing lots of basketball indoors.  Due to the seniors being older and not so active they enjoy table tennis, pool and table football as well as small team games like handball and having a kick about with the sponge balls rather than an actual football match.  When Lee covered a session, they engaged in tag archery where they put the protective gear on and targeted each other. They thought this was ace as not something they get to do often.  They were offered a walk around town or a visit to the town park but they didn’t fancy this as enjoyed chilling at the center. |
| **What we have done to increase/**  **improve Emotional health** | YP have enjoyed a variety of art and craft activities. They have got creative with button art with a huge variety of buttons that were recycled and donated to us and made some lovely canvases for their bedrooms or family members.  They have enjoyed fidgeting with modelling clay as many of our seniors struggle with anxiety so clay and something to fidget with, they find helpful.  Members enjoyed the karaoke, which with some confidence, even the shy members of the group got involved in. This also created lots of laughter with the songs that they sang.  Seniors tend to like to chill more and not be as busy, so James has been great in finding quizzes and other team games that he has been able to put onto the TV for the group to engage in. They like to chat about issues and feel confident in talking about sexual health, relationships and school. They like to ask questions about things that they wouldn’t feel comfortable with asking other people, which shows the trust they have in us.  They enjoyed making food and baking flapjacks but by the time they came to club they’d had their tea and don’t tend to be hungry. Food is always available to them, and they do help themselves if they wish to. They particularly enjoy their fruit, so this is always there for them to help themselves.  Due to the Euro’s been on we were lucky that for one of the sessions that England were playing so we watched this together whilst enjoying nachos and all having a good chat.  PCSO’s Steve and Andy attended and did a knife crime workshop. Due to being a smaller group they just had discussions and had a quick look at the presentation. Asked Q’s and hopefully took a lot of knowledge away after it. |

1. **Outputs Reporting**

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| **Total number of different individuals who have benefited from the activities since contract start: 22** | | |
| **Average attendance per session:** | | **7** |
| **Total of weekly contacts** | **Subject** | **Notes** |
| 16 | Alcohol | Drinking alcohol under parents' supervision. |
| 8 | Bereavement | 2 of our seniors recently lost their mum this has been bought up, checking in on them too. |
| 42 | Confidence | Asking Q’s they don’t feel comfortable with asking anyone else. |
| 30 | Diet | A balanced diet. Good for physical and mental health. |
| 24 | Drugs | Cannabis. Cocaine. Get the drugs box for next term. |
| 40 | Exercise | Keeping active. PE at school. Clubs at school. Exercise at club. |
| 46 | Family | Losing family members. |
| 44 | Getting active | Taking part in sports at club. |
| 26 | Healthy eating | Healthy snacks are always available to them. |
| 8 | Knife crime | Knife crime awareness workshop with PCSO’s. Engaging in discussions and asking Q’s. |
|  | LGBT+ |  |
| 34 | Personal hygiene | Always encouraging good hygiene. |
| 50 | Relationships | Who they are living with. Support they get. Break ups. New relationships with people they used to be just friends with. |
| 54 | School | Skipping school. Dislikes. Work experience. End of term exams. Picking their options. |
| 12 | Self esteem | Looking and acting older than their age. A 14-year-old having tattoo whilst on holiday with his uncle. |
| 32 | Sexual Health | Discussions about consent, being underage, staying safe and protection. |
| 28 | Sexuality | Sexuality and being “greedy” being bi-sexual. A lot more popular nowadays. But also accepted a lot more. |
| 42 | Vaping | Big issue with YP. Attitude is better than cigarettes and less harmful. Also, cheaper. |

1. **Case study**

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| **Give an example where an intervention or series of interventions has contributed towards a young person/people’s behaviour, physical or emotional health or behaviour change.**  One young lad attended the last session before the end of term and had a good chat with Shelley. He wanted a game of pool and enjoyed a basketball match. He hadn’t been for a few months, so it was nice to see him and check in with him after he lost his mother a few months back.  He seemed in good spirits and is running his own business selling clothes online, which he says is going well. He is getting on better in school and attends lessons a lot more than he used to. Which is positive. Good to know he knows he can drop in whenever he wishes and knows he will always be welcome. |

1. **Variation to service**

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| **Has there been any significant variation to the service that you were commissioned to provide in this quarter and what actions are you planning in response?**  Due to the new term in September a lot of the year 7’s will be moving up to this session |