Services and Facilities Committee

29 May 2025

Appendix: SF018

**TERMLY MONITORING AND EVALUATION SCHEDULE**

**The purpose of termly monitoring reports is to:**

* Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements.
* Gather service user feedback,
* Demonstrate that your services are listening and responding to service user feedback (children and where appropriate parents / carers).

The termly monitoring reports shall include:

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| **Club/project name:** | Market Drayton Juniors  |
| **Term:** | Jan-April 2025 |
| **Date:** | April 2025 |

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| **What we have done to increase/ improve physical health** | Members have been involved and engaged in a variety of physical activities including:Endless games of basketball. Being very popular this term. Football – outdoors in more recent weeks due to the lighter / warmer evenings. Nerf battles – enjoying the outdoors with several obstacles to hide behind, great exercise along with great fun. Pool competitions. Table tennis competitions. Tag. Volleyball. Badminton. Running races – laps of the outside area. Hockey. Rugby – this has again, been very popular this term. Learning how to play it and teaching their friends who hadn't played this sport before. Pool competitions. Table football. Karaoke – singing and dancing whilst singing their hearts out to their favourite songs. Hungry hippo’s game where they used boards to collect balls and see which team could get the most in the bucket first. We had a visit from Tern Hill youth club who wanted to attend one of our youth club sessions to meet new friends and see what we did in our club, compared to theirs. All members enjoyed this and engaged well, joining in all the activities we were doing in our session, as well as chatting to leaders. A few of the members have since returned due to building positive relationships from their visit. Due to the lighter, warmer evenings we have spent a considerable amount of time outdoors doing sports, which has enabled them to have a lot more room and more opportunities. Some like to play on bikes and scooters too, so this allows them to do that.  |
| **What we have done to increase/****improve Emotional health** | This term we had a visit from virtual decisions who ran a workshop on gang crime. They used virtual reality headsets to watch a short clip on a gang then discussed what they would do if the situation was to happen to them. This created lots of conversations about awareness of been out and about, and awareness of who you are hanging out with. A great, engaging, fun way to educate young people. Members have been busy in the kitchen making tasty treats such as:Easter cornflake cakes / rice crispy cakes. Hot cross buns. Sandwich making – Tuna, cheese, ham, chicken. Teaching YP simple skills such as making a sandwich. Fruit kebabs – encouraging healthy eating. Cut up fruit always attracts YP to eat fruit and making a kebab encourages it even more. Scrambled egg on toast. Fully loaded pancakes. Toasted sandwiches – cheese, ham and chicken. Luxury hot chocolates. Pizza bagels – with a variety of tasty toppings. Making a cup of Tea – of which some had never had an opportunity to do before (simple life skills). They have also been busy getting creative making valentines' cards and crafts, Easter cards and crafts and Mother's Day cards and mini gifts for their loved ones. We have had the Lego out some weeks this term, which has attracted the newer members of the session. This had been good for the SEN YP that attend the club and tend to get fixated on activities. This has kept them engaged for periods of time rather than flicking between activities like they do some weeks. Other craft activities have included making friendship bracelets, Hama beads and we also had a board game evening where members didn't use their phones. This encouraged participation and lots of conversation between peers and leaders. We had an alcohol awareness session where members made their own mocktails, chatting about the strengths, measures and dangers of consuming too much alcohol. They had a go at some games with the beer goggles on, which made them feel dizzy, getting an insight to the feeling of consuming too much alcohol. Puzzle solving, VR experience, the ever-disappearing cereal box challenge, jellybean games, card games to name but a few of the other activities we have done this term. |

1. **Outputs Reporting**

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| **Total number of different individuals who have benefited from the activities this year** | **58**  |
| **Average attendance per session** | **30** |

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| **Number of individuals x frequency** | **Subject** | **Notes** |
| 54 | Alcohol | General chat about alcohol. Alcohol awareness session. Making mocktails. Chatting about strengths and measures.  |
| 10 | Bereavement | A member who lost her dad a few years ago is always chatting about him, feeling close to him when she comes to the club as he is buried in the cemetery next to the Centre.  |
| 32 | Bullying | Name calling. Few issues around groups of groups falling out.  |
| 100 | Confidence | New members were made to feel welcome. SEN young person also welcomed and settled in well and became a lot more confident.  |
| 126 | Diet | Always encouraged a healthy, balanced diet, but also treats as some don't get tasty treats at home.  |
| 160 | Exercise | Various sports each week which young people are always keen to get involved in.  |
| 118 | Family | General chat about family, homelife and holidays etc. Siblings, parents. Disagreements.  |
| 30 | Gangs | Virtual decisions workshop.  |
| 160 | Getting active | Sports activities each week with a large variety of sports.  |
| 130 | Healthy eating | Fruit kebabs, sandwiches, running races. Healthy eating quiz completed.  |
| 30 | LGBT+ | How this is the “norm” nothing to be ashamed of. Identity is a choice and more accepted these days.  |
| 110 | Personal hygiene | Always encouraging good personal hygiene especially when in the kitchen area eating, preparing food.  |
| 8 | Racism | Chat about been of a different race and the racism he has faced in his younger years.  |
| 120 | Relationships | Building positive relationships with new members of staff. Continuing to build positive friendships with peers.  |
| 1 | Safeguarding | CP disclosing to Lee – Lee reported this and referred on.  |
| 98 | School | General chat about school. IE. Teachers. Issues they have in school. Year 7’s in a different area. School holidays.  |
| 64 | Self esteem | Young people building on their self-esteem. Giving things out of their comfort zone a go.  |
| 48 | Vaping | What a big issue this is with young people  |
| 24 | Volunteering | Young Leader helping and completing Young Leader training.  |
| 10 | Young carers | One of our members brothers is disabled and a wheelchair user so often chatting about him and how he helps him out.  |

1. **Case study**

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| **Give an example where an intervention or series of interventions has contributed towards a young person/people’s behaviour, physical or emotional health or behaviour change.**M who started her young leader training last year but never finished it due to her anxiety, attended the 2-day young leader training this term and completed it. M has been helping in the sessions as part of her DOE award so decided to give the Young Leader training another try due to her confidence and anxiety being much better than they were last time she did it. I have seen M’s confidence grow week by week and she will willingly help with activities, particularly the art and craft activities, encouraging young people to get involved in them and making lots of conversations whilst doing this. |