**TERMLY MONITORING AND EVALUATION SCHEDULE**

**The purpose of termly monitoring reports is to:**

* Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements;
* Gather service user feedback,
* Demonstrate that your services are listening and responding to service user feedback (children and where appropriate parents / carers).

The termly monitoring reports shall include:

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| **Club/project name:** | Market Drayton Junior youth club |
| **Term:** | Spring/Summer |
| **Date:** | July 2025. |

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| **What we have done to increase/ improve physical health** | This term members have enjoyed a variety of physical activities including:  Lots of football matches.  Rugby matches.  Swing ball.  Tag.  Hide and seek.  Nerf wars.  Archery.  Tennis.  Badminton.  Table tennis.  Table football.  Pool tournaments.  Darts.  Tag archery.  Volleyball.  Kite flying.  Sumo suit fun / races / football.  Tug of war – This is very popular, creating lots of fun.  Members enjoyed a trip to ‘Waterworld’, in Stoke, which was a great turnout. Enjoyed by all that attended but especially those whose parents don’t drive so don’t have the opportunity to leave Market Drayton.  Fun, laughter and smiles all round.  As it is summer, members have chosen to spend lots of time outdoors enjoying the wider space for sports games with their peers.  Girls and boys all participate and include everyone in their large team games.  Andy, the local PCSO, has also visited a few times this term which encourages positive relationships between young people and the local Police team. He has engaged in a few sports games and a few pool games as well as chatting about his role as a PCSO and answering the questions young people have.  We also had a big water fight one very hot evening. We had water pistols, water ballons and buckets of water which a lot of young people said was “the best night ever”. Everyone in the session that evening took part, even those that didn’t wish to get wet. Staff were included too. A night to remember by all, for sure.  Will has been amazing at coordinating the sports sessions, as this is his passion and something he is great at. Young people also enjoyed his participating with them. |
| **What we have done to increase/**  **improve Emotional health** | We had an exciting Town Mayor visit when we welcomed Tim into our session one evening. Members were keen to try on his outfit and designed some badges for him, as this was the creative activity on offer, that evening.  Members enjoyed asking him lots of questions as well as enjoying having photos taken with him.  He also took part in some sports games and young people chatted about how much their Youth Club means to them.  He commented on the “Welcome Mayor” banner that young people designed for his attendance, which they had created over the previous few weeks.  We also had a meeting with the Town Council, on a separate evening, so that councilors had an insight into what we do.  Other activities members have been involved in are:  Card games.  Rock designing.  Canvas designing.  Loom bands.  Friendship bracelets.  Team challenges, including the chocolate challenge and tower building.  The group were also creative in designing a positivity canvas for SYA’s office in Shrewsbury for the outdoor gym.  The photo booth, where young people dressed up and posed for fun photos with their peers. Dressing up as silly as they could.  Members have engaged in lots of cooking/baking, improving their independent skills by making:  Pizza’s / pizza bagels.  Healthy salad wraps.  Chip baps.  Fish finger sandwiches.  Ice cream sundaes.  Old school sponge cakes.  Finishing off with a BBQ to end the term. |

1. **Outputs Reporting**

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| **Total number of different individuals who have benefited from the activities this year** | **52** |
| **Average attendance per session** | **32** |

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| **Number of individuals x frequency** | **Subject** | **Notes** |
| 90 | Alcohol |  |
| 20 | Bereavement | Chatting about the absence of parents/feelings and frustrations. |
| 64 | Bullying | Discussions about how bullying can have an impact on young people’s mental health.  Consequences of bullying. |
| 98 | Confidence | Young people engaging in activities which are out of their comfort zone. |
| 120 | Diet | Encouraging a healthy, balanced diet. |
| 152 | Exercise | Young people being very active in engaging in a number of physical activities. |
| 80 | Family | Young people enjoying ‘off-loading’ and being able to ‘rant’ and be listened to at the Club. |
| 124 | Getting active | Always encourage active participation of young people within the sessions. |
| 48 | Identity | Some interesting comments around image and choosing who they wish to be. |
| 120 | Personal hygiene | Encouragement of hand washing before preparing food in the kitchen and making this a habit. |
| 98 | Relationships | Continuing to build positive friendships as a result of attending Youth Club.  New relationships. Break ups. Relationship drama. |
| 90 | School | Pressures of school/exams.  Likes/dislikes.  Support/lack of support they receive at school. |
| 40 | Sexual Health | Discussions around sexual health and keeping ourselves safe. Chat about PHSE lessons they have in school and what they involve. |
| 38 | Sexuality | Discussions around sexuality and people choosing to be who they wish to be. A very important message was put across. Not judging anybody’s choices. |
| 64 | Vaping | How popular this is.  Chat about the health impacts and how disposable vapes are now banned and opinions around whether this would make them less accessible to young people like themselves. |
| 1 | Volunteering | Faith, a year 10 student, joined us for work experience for 1 session. |

1. **Case study**

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| **Give an example where an intervention or series of interventions has contributed towards a young person/people’s behaviour, physical or emotional health or behaviour change.**  Faith, who volunteered with us for a session, for her work experience, built so much confidence from being involved and supporting the juniors with activities. Members enjoyed having her with us for the session as she was involved and sat and listened. Some members said, “she gave them her time”. She made a real difference in the short 90 minutes she was in the session.  Faith is aware that she can become a volunteer, within the session, if she wishes to and will always be welcome back. |

1. **Variation to service**

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| **Has there been any significant variation to the service that you were commissioned to provide in this quarter and what actions are you planning in response?**  No. |