**TERMLY MONITORING AND EVALUATION SCHEDULE**

**The purpose of termly monitoring reports is to:**

* Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements;
* Gather service user feedback,
* Demonstrate that your services are listening and responding to service user feedback (children and where appropriate parents / carers).

The termly monitoring reports shall include:

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| **Club/project name:** | Market Drayton Senior Youth Club |
| **Term:** | Spring/Summer |
| **Date:** | July 2025. |

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| **What we have done to increase/ improve physical health** | The senior group have been involved in various physical activities this term including:  Football / both at the club and the town park.  Rugby.  Swing ball – proven very popular.  Volleyball.  Tennis.  Tug of war.  Badminton.  Basketball.  Darts.  Tag archery.  Karaoke – encouraging singing and dancing.  Silent disco – again encouraging singing and dancing.  Archery.  Sumo suit fun / races / football.  We went on a trip to ‘Waterworld’ in Stoke too, which was a fantastic day out and enjoyed by all.  We had a big water flight one evening to cool members down. They enjoyed using the water pistols, buckets of water and using the water balloons to soak each other.  This was a very fun evening with everyone being involved. |
| **What we have done to increase/**  **improve Emotional health** | The Town Mayor visit went well. Young people chatted to Tim about the issues they find in their area/hometown, in and around Market Drayton. He was keen to listen to them voice their opinions. They tried his hat on and enjoyed some team games with him.  Andy the local PCSO has also visited a few times this term which encourages positive relationships between young people and the local Police team. He has engaged in a few sports games and a few pool games as well as chatting about his role of PCSO and answering the young people’s questions.  Members have taken part in creative activities including:  Rock / canvas designing.  Designing a positivity canvas for SYA’s outdoor gym.  Friendship bracelets.  Photo booth fun – dressing up and enjoying photos in the booth.  Card games.  Team challenges.  Quizzes.  Badge making.  Members enjoyed watching the women’s Euro Football competition on the TV too in the hope that they can win the cup. This created conversations about why men’s football is more popular than women’s football.  Some cooking and baking members have engaged in this term have been:  Cake making.  Fruit salad.  Pizza making.  Chip shop chip baps (treat).  Healthy meat/cheese, salad wraps.  Ice lolly’s/ice creams.  Toast/tea cakes, bagels.  Finishing off with a BBQ for the last week of term. |

1. **Outputs Reporting**

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| **Total number of different individuals who have benefited from the activities this year** | **46** |
| **Average attendance per session** | **26** |

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| **Number of individuals x frequency** | **Subject** | **Notes** |
| 62 | Alcohol | Keeping safe when consuming alcohol.  Knowing the limits.  Always making sure they are safe and with people they know and trust.  Impact alcohol has had on family members. |
| 24 | Bereavement | Supporting young people who have lost family members but still mention this on a weekly basis and comforting them when we can. |
| 28 | Bullying | Frustrations around family members being bullied. |
| 98 | Confidence | New members welcomed.  Building positive friendships within the group. |
| 96 | Diet | Enjoyment of preparing and making home cooked food.  Methods of how to do it. Good independent life skills. |
| 90 | Drugs | The impact this has had on family members.  Their own experiences of certain drugs and chatted about staying safe. |
| 150 | Exercise | Lots of physical activities/keeping active and fit. |
| 100 | Family | Breakdowns in families and the impact this has had.  Siblings and further extended families. |
|  | Gangs |  |
| 80 | Getting active | Encouraging active participation. |
| 102 | Healthy eating | Encouraging a healthy, balanced diet. |
| 44 | LGBT+ | Explaining about SYA’s groups for those that require or would benefit from the support. |
| 68 | Personal hygiene | Always encouraging good hygiene when preparing food – following on from school. |
| 74 | Relationships | Drama. New relationships. Break ups. |
|  | Safeguarding |  |
| 90 | School | Exam stress. Coping strategies.  Support/lack of support they receive at school.  Teachers. IE. |
| 50 | Sexuality | Each individual’s choice. Some may wish to keep their sexuality private. |
| 70 | Vaping | Popular topic. Looking at health impacts.  Consequences of getting caught vaping in school but some feel they need it to keep calm, especially after a tough session/argument with their teacher. |
| 1 | Volunteering | Faith volunteered with us for a session as part of her work experience. Built some good, positive relationships with YP and got stuck in straight away with sports and activities. |

1. **Case study**

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| **Give an example where an intervention or series of interventions has contributed towards a young person/people’s behaviour, physical or emotional health or behaviour change.**  A young person, who has been a member for some time, has spent time on her own chatting to staff about issues that are bothering her, whilst other group members and peers have been engaged in activities. These chats have included the relationships she has with her parents and siblings, school, past events that have happened and drugs and alcohol, as these have had an impact on her parents. She is also curious about possibly trying some herself when she is older. We chatted about the consequences of such decisions and to think and act sensibly about her choices in life, before having any regrets or bad experiences. Vaping was another issue but she feels “everyone” does this, so she isn’t any different. We chatted about the health impacts this can have.  We felt, as staff team, that she opened up as she thought it was the right time she could do so. She was quite disengaged from taking part in the activities. |

1. **Variation to service**

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| **Has there been any significant variation to the service that you were commissioned to provide in this quarter and what actions are you planning in response?**  No. |